

Stormwater Pollution: A City Problem with Backyard Solutions

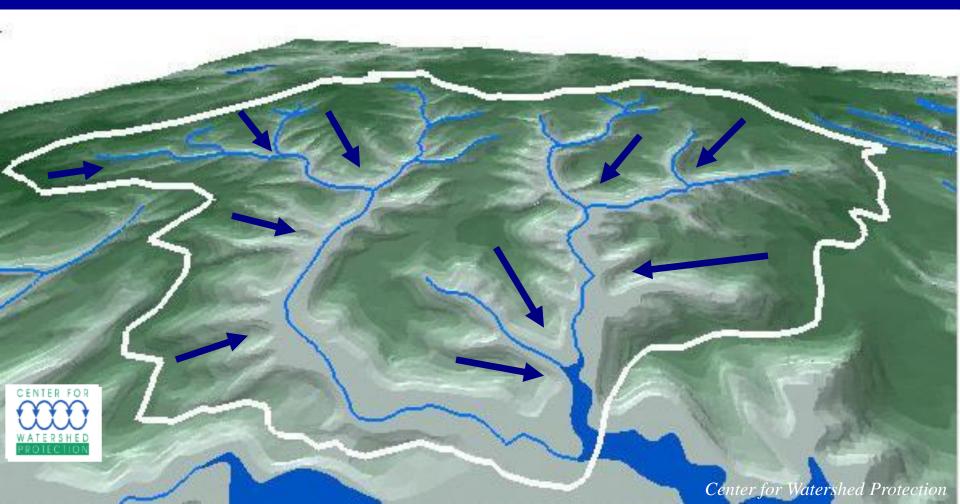
Worcester Residential Rain Garden Training Workshop

June 23 and 24, 2011 Worcester Youth Center Worcester, MA

Donna Williams
Blackstone Headwaters Coalition

What Is a Watershed?

A watershed is the area of land that drains to a particular point along a stream



Blackstone River Watershed:

Worcester to Pawtucket, RI

↓ Narragansett Bay

Atlantic Ocean





Stormwater Pollution is now the #1 water quality problem in the U.S.*



What is Stormwater Pollution?

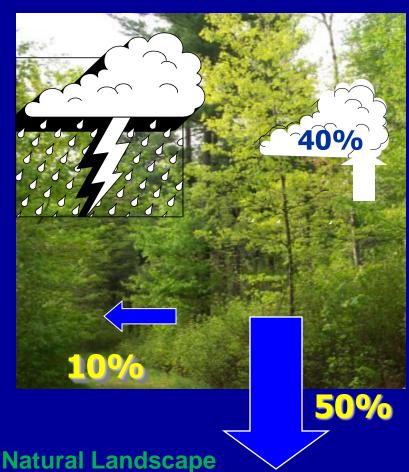
Stormdrains and roadside ditches lead directly to local waters without any treatment. So when rain hits the pavement, it carries any oil, spills, pet waste, leaves, lawn chemicals, road sand, sediment, trash, and dirty water from washing your car directly to local waters that we drink, fish, or swim in.







Impacts of land use on water flow



- ✓ Low runoff
- √ High recharge
- ✓ Healthy summer stream flow
- ✓ Natural pollutant treatment



Developed

- High runoff, high pollutants
- Flooding
- Low stream flow
- Bypass natural treatment

Many Forms of Impervious Cover in the Urban Landscape Sidewalks Roads Parking. **Driveways** Buildings Center for Watershed Protection

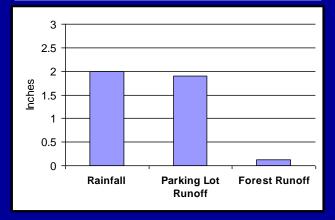
Stream Quality Is Related to Impervious Cover



• In a forest, rain soaks into the ground and is either taken up by tree roots or continues to move down through the soil and into the groundwater.



• When rain falls on impervious cover, it cannot soak into the ground and instead becomes stormwater runoff.



 Impervious cover produces 16 times more stormwater runoff than forest.

Impervious Cover Influences Dry Weather Stream Flow



Quinsigamond River at Wheeler Rd., isolated pool, no flow, September, 2007

- Impervious surfaces can block water from contributing to groundwater supply
- Many streams draw from groundwater
- This can result in lower stream flows during dry weather

Impervious Cover Influences Wet Weather Stream Flow

When it rains, a large amount of water . . .







Runs off of impervious surfaces



Enters the stormdrain system



Is directed straight to the stream

Impervious Cover Influences Wet Weather Stream Flow

The large amount of stormwater runoff in the stream system can cause:



More Frequent Flooding



Higher Flood Levels

Impervious Cover Influences Water Quality

Pollutants build up on impervious surfaces and wash off into the stream system when it rains.

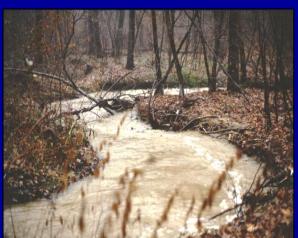






Harmful Pollutants in Runoff





Bacteria

Nutrients

Pet Waste

Fertilizers and Pesticides

Oil & Grease

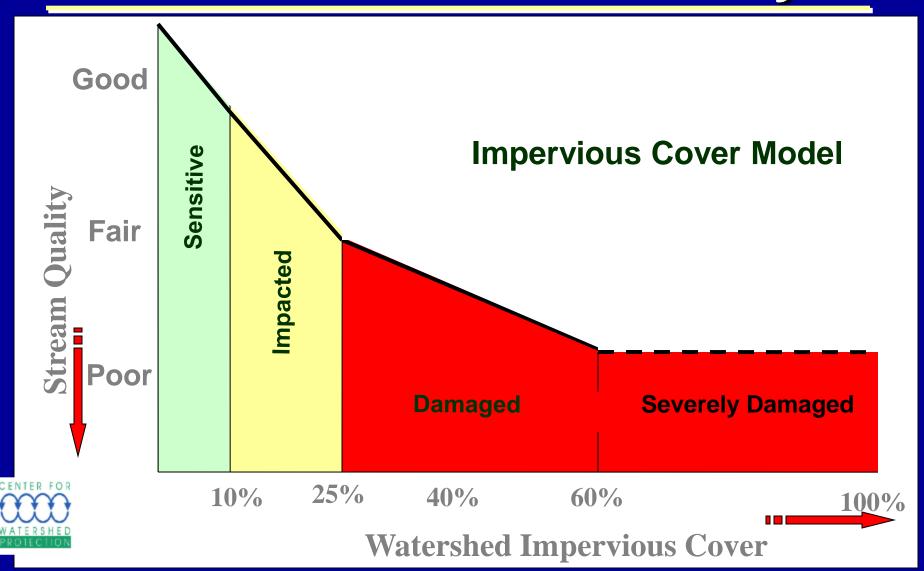
Muddy Water

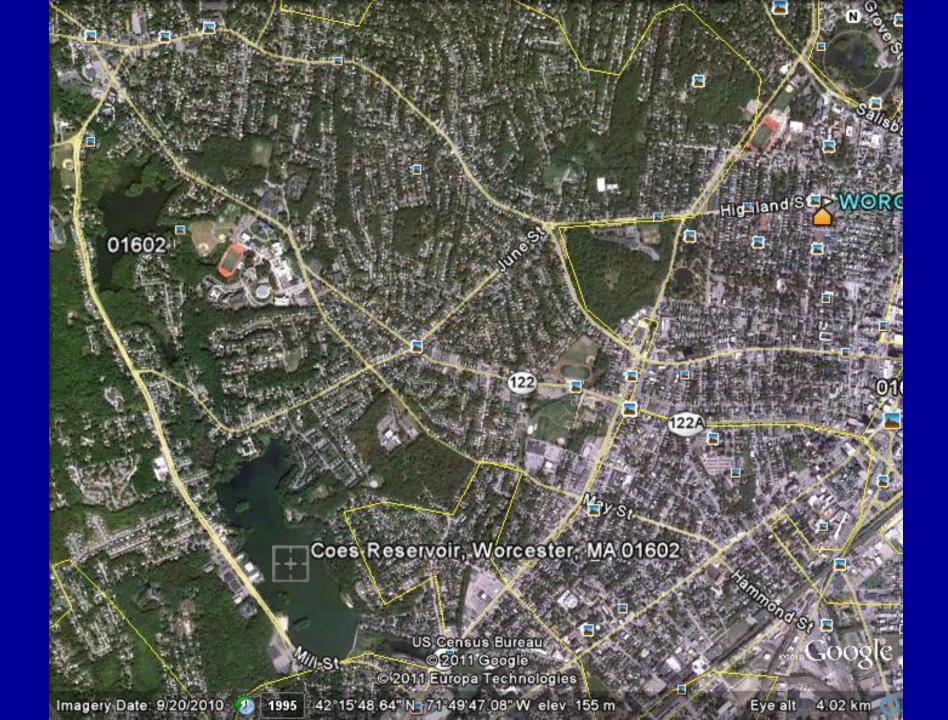
Heavy Metals
(e.g. Zinc, Copper, Lead)

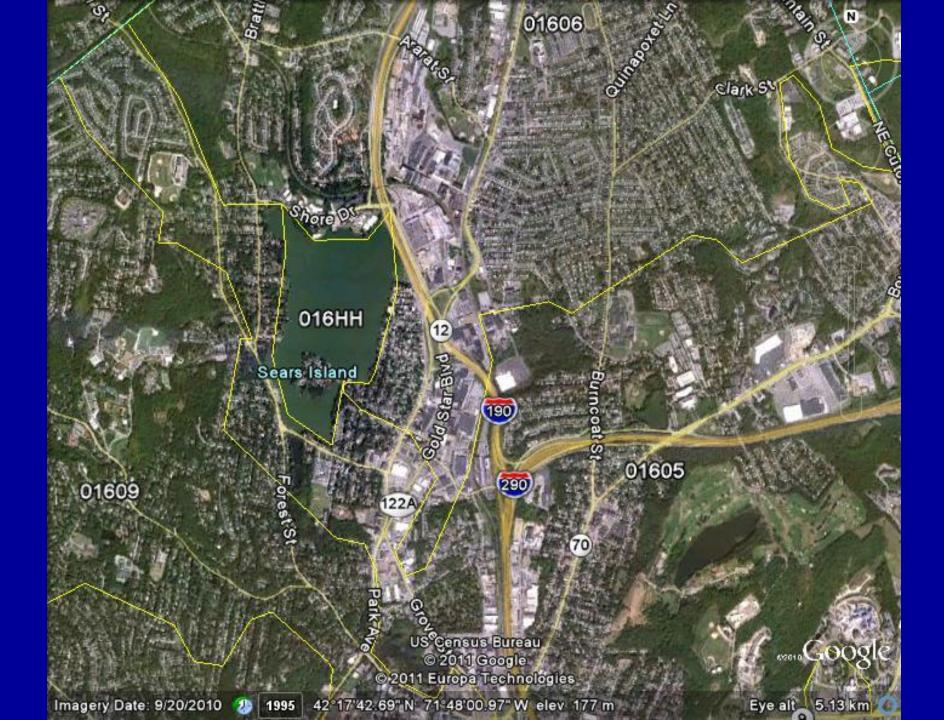


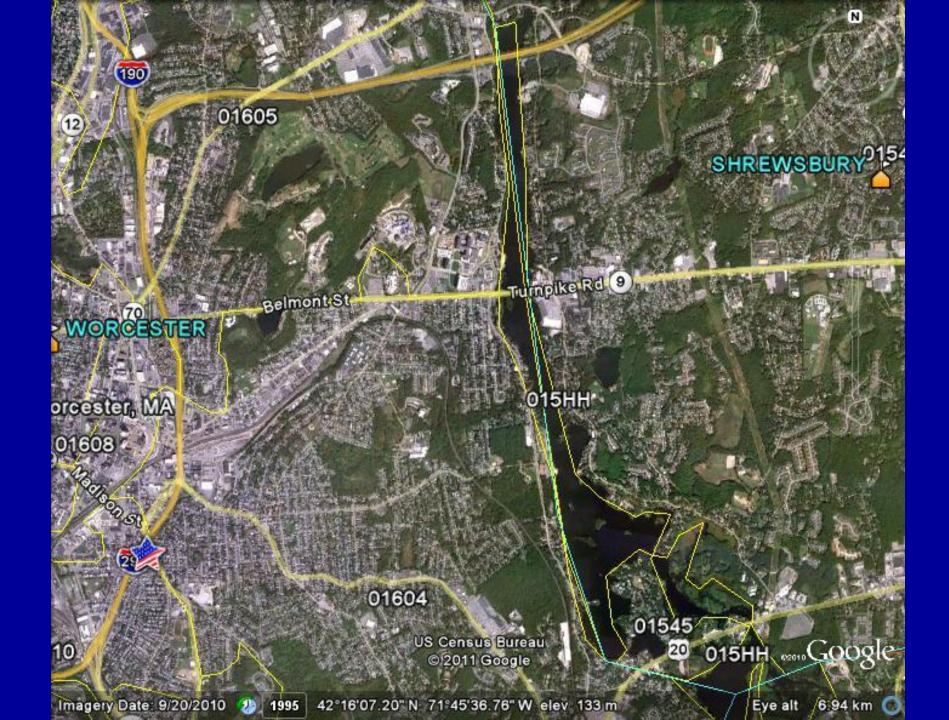


Relationship Between Impervious Cover and Stream Quality









Volunteer Water Quality Monitoring



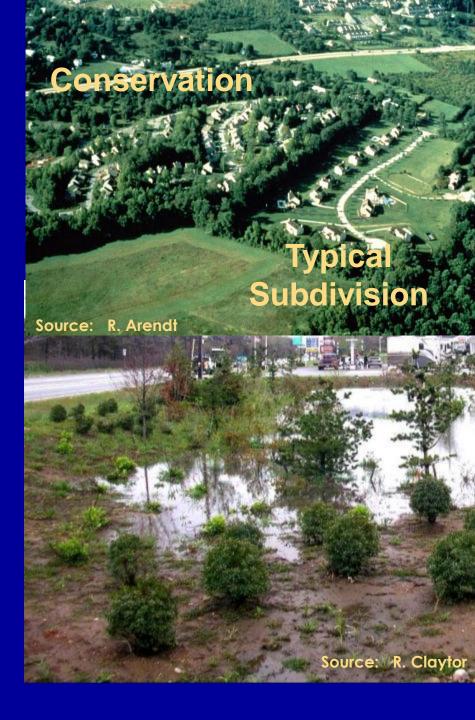
Blackstone River Coalition Watershed-wide Volunteer Water Quality Monitoring Program

map #	WaterBody	Site Location	Town	Aesthetics	Chemical	Nutrients	Flow	
	HEADWATERS TRIBU							
1	Kettle Brook	James St	Worcester					KEY TO COLOR
2	Dark Brook	Auburn High	Auburn					CODES
3	Leesville Pond	Leesville inflow	Auburn					Excellent
4	Leesville Pond	Leesville outflow	Worcester					Good
5	Tatnuck Brook*cwf	VFW-south	Worcester					Fair
6	Tatnuck Brook*cwf	Park Ave. Carwash	Worcester					Poor
7	Beaver Brook	Jewish Community Center	Worcester					Not enough data points
8	Beaver Brook	Park Ave. Carwash	Worcester					Not Sampled
9	Middle River	St. John's Cemetery	Worcester					
10	Ararat Brook*cwf	Ford Brook	Worcester					
11	Ararat Brook*cwf	Shore Drive	Worcester					Categories (Each category is derived from the combination of the following factors)
12	Kendrick Brook	Ararat Street	Worcester					
13	Salisbury Pond	Salisbury Pond East	Worcester					
14	Salisbury Pond	Salisbury Pond West	Worcester					
15	Broad Meadow Brook	Dunkirk	Worcester					
16	Broad Meadow Brook	Dupuis	Worcester					
17	Broad Meadow Brook	Sprague Lane	Worcester					Aesthetics - turbidity,
18	Broad Meadow Brook	Dosco	Millbury					water appearance, water odor & visual assesments
19	Cold Spring Brook *cwf	Hatchery Rd	Sutton					
20	Casey Brook	Putnam Hill Road**	Sutton					
21	Quinsigamond River	rte 140	Grafton					Chemical - dissolved
22	Quinsigamond River	Wheeler Rd.	Grafton					oxygen & water
23	Quinsigamond River	Pleasant St	Grafton					temperature
24	Coal Mine Brook	Plantation St	Shrewsbury					Nutrients - nitrate &
25	Poor Farm Brook*cwf	Roberto Clemente	Worcester					orthophospate
26	Sewall Brook*cwf	School St.	Boylston					
27	Sewall Brook*cwf	Holden St	Shrewsbury					
28	Tilly Brook	Vinny Testa's	Shrewsbury					
29	Bummitt Brook	Pratts Pond	Grafton					
30	Singletary Brook	Sycamore Circle	Millbury					

	BLACKSTONE RIVER					
31	Blackstone River	outlet of Fisherville Pond @ Rt. 122A	Grafton			KEY TO COLOR
32	Blackstone River	Sutton St. USGS flow station	Northbridge			CODES
33	Blackstone River	Plummer's Landing	Northbridge			Excellent
34	Blackstone River	Tow path north of Stanley Woolen	Uxbridge			Good
35	Blackstone River	Upstream at Gorge off Staples Lane	Blackstone			Fair
36	Blackstone River	Main St. Blackstone/TKO	Blackstone			Not enough data points
37	Blackstone River	Albion Dam	Lincoln, RI			Poor
	TRIBUTARIES		1			Not Sampled
38	Mumford River	inlet of L. Manchaug	Sutton			
39	Mumford River	outlet of L. Manchaug near Parker Road	Sutton			
40	Mumford River	Gilboa Street/above WWTP	Douglas			Categories
41	Mumford River	Rt. 122, N. Uxbridge	Uxbridge			(Each category is
42	Mumford River	downstream @ Depot St.	Uxbridge			derived from the
43	Dark Brook	Putnam Hill Road**	Sutton			combination of the following factors)
44	unnamed tributary	outlet of Whitin Reservoir	Douglas			
45	Centerville Brook*cwf	West Street	Douglas			
46	Cook Allen Brook*cwf	upstr of bridge on Johnson Road	Sutton			Aesthetics - turbidity,
47	Purgatory Brook	upstr of bridge on Johnson Road**	Sutton			water appearance, water odor & visual
48	West River*cwf	Glen Ave. Wells	Upton			
49	West River*cwf	Hartford Avenue	Upton			assesments
50	West River*cwf	Pleasant and Glen	Upton			Chemical - dissolved
51	West River*cwf	Mendon Road	Northbridge			oxygen & water temperature
52	West River*cwf	upstream @ Harrington pool	Northbridge			
53	West River*cwf	under Rte. 16 bridge	Uxbridge			Nutrients - nitrate &
54	Warren Brook*cwf	Fowler Road Bridge	Upton			orthophospate
55	Center Brook*cwf	Station Street	Upton			
56	Center Brook*cwf	at Mendon Road	Upton			
57	Meadow Brook	upstream at Blackstone St. bridge	Uxbridge			
58	Emerson Brook*cwf	bridge @ Mill Street - before pond St.	Uxbridge			
59	Emerson Brook*cwf	Above Quaker Highway	Uxbridge			
60	Bacon Brook*cwf	East of Bridge, South Street	Uxbridge			

Low Impact Development (LID):

- A more sustainable land development approach –
- Based on an environmentally sensitive site planning process; and
- A <u>stormwater management</u> <u>strategy</u> designed to mimic natural hydrology.



Encourage Low Impact Development Practices to Increase Infiltration and Reduce Stormwater Volume

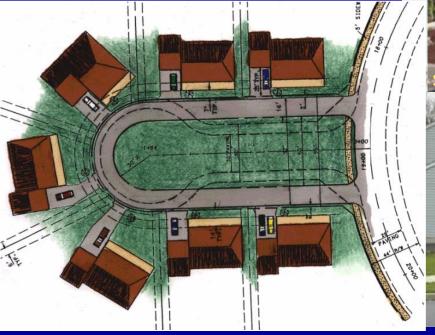
- Site planning techniques
- Impervious surface reduction
- Rain gardens and bioretention
- Rooftop gardens
- Vegetated swales, buffers and strips
- Roof leader disconnection
- Rain barrels and cisterns
- Permeable pavers



WPI Green Roof

Better Site Design of Roadways & Driveways

- Narrower streets
- Alternative cul-de sacs
- Shared driveways





Vegetated Swales Conveyance, Treatment, Infiltration

- Roadside swales (country drainage) for lower density and small-scale projects;
- For small parking lots;
- Mild side slopes and flat longitudinal slopes;
- Provides area for snow storage & snowmelt treatment



Permeable Paving Runoff Reduction

- Grass pavers
- Paving stones
- Porous asphalt
- Pervious concrete

Reinforced turf



Rain Barrels and Cisterns Runoff Reduction and Water Conservation

- Downspouts directed to tanks or barrels;
- 50 –10,000 gallons;
- Excess diverted to drywell or rain garden;
- Landscaping, car washing, other nonpotable uses.



Rain Gardens, Bioretention and Street Tree Filters

- Parking lot islands
- Median strips
- Residential lots
- Office parks







LID Cost Savings

- Constructing and maintaining LID saves money
 - for the developer
 - for municipal maintenance.
- Less land needs to be cleared
- Less pavement to build and maintain (plowing, sweeping, repaving)
- No piping to install or maintain
- No catch basin or detention basin cleaning, etc.

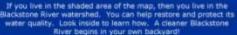


Homeowners:

Campaign for a Fishable/Swimmable Blackstone River by 2015

A Homeowner's Guide to Protecting Water Quality in the Blackstone River Watershed













- Lawns/Gardens
- Car Care
- Pet Waste
- Clean Dishes/Clean Streams
- Rooftop Runoff
- Household Hazardous Waste
- Pervious Surfaces
- Stream Buffers

Remember This:

Roof runoff connected to driveways, draining to streets, draining to pipe systems, draining into streams = dead fish, erosion of the riverbank, and thirsty people.

Divert Your Downspouts!







Diversion Tactics

Angle downspout away from pavement to vegetated area.



Install a rain barrel.



Create a rain garden.





The Blackstone River Coalition

Campaign for a Fishable/Swimmable Blackstone River by 2015

www.zaptheblackstone.org



